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RESILIENCE

THE BIOLOGY OF STRESS & THE SCIENCE OF HOPE
How We Can Make a Difference in our Children's Lives

"... an engrossing study of how adverse childhood experiences (or ACEs) can be linked to destructive behavior and medical diseases"
- Matt Fagerholm ROGEREBERT.COM

Tuesday, January 23, 2018

5:00PM DOORS OPEN.

Join us for the **Resource Fair** beginning at 5:00 offering: snacks and 20+ public service providers offering information.

Held at the:
Unity School District
1908 150th Street/Hwy 46 N
Balsam Lake, Wisconsin

You are invited to a showing of RESILIENCE, a one-hour documentary that delves into the science of Adverse Childhood Experiences (ACEs) and the birth of a new movement to treat and prevent Toxic Stress. Now understood to be one of the leading causes of everything from heart disease and cancer to substance abuse and depression, extremely stressful experiences in childhood can alter brain development and have lifelong effects on health and behavior.

5:00PM Resource Fair and Snacks. **MOVIE STARTS AT 6:30PM**

ADMISSION IS FREE

This movie brought to you by: The Mental Health Task Force of Polk County, NorthLakes Community Clinic, Polk County Community Services and Unity School District

Post Movie discussion facilitated by: Polk County Mental Health Task Force



POLK COUNTY
COMMUNITY SERVICES

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