

American Red Cross Swimming Lessons



Unity School Pool, Balsam Lake, WI

The American Red Cross Learn-to-Swim classes provide instruction to help swimmers of all ages and abilities develop their swimming and water safety skills. They are designed to give students a positive learning experience while teaching aquatic and safety skills in a logical progression. The objective is to teach people to swim and to be safe in, on and around the water.

Red Cross Certified Instructors: Laurie Paulsen and Jeanne Wallis



**American
Red Cross**

Class	Time (am)	Date	Cost	Description
Infant	11:15-11:45	1/14/17- 2/4/17	\$30	Infant Class: Ages 6 months up to 3 years old. All classes take place in the kiddie pool, with a parent accompanying the child. In this class, we work on getting the child comfortable in the water, blowing bubbles, wearing lifejackets, safety, holding positions, and participate in songs & activities appropriate for the age level.
Pre- Level 1 Section 1 Section 2 Section 3	9:00-9:45 9:45-10:15 10:30-11:00	1/14/17-2/4/17	\$30	Pre-Level 1: 3-and-4-year olds. Child must be at least 3 years old prior to first class. Classes take place in the kiddie pool, without a parent present (parents are welcome to watch class from the observation room). Continue building on the skills from the infant class.
Level One	9:00-9:45	1/14/17-2/18/17	\$35	Level 1: Ages 5 and up. Child must be at least 5 years old prior to first class. Basic swim skills & safety skills performed with assistance in the big pool. Students do not use lifejackets.
Level 2 and 2a	10:00-10:45	1/14/17-2/18/17	\$35	Levels 2 & 2a: Basic swim skills & safety skills performed without assistance. Child must pass both 2 & then 2a before moving on to Level 3.
Level 3-6	11:00-11:45	1/14/17-2/18/17	\$35	Levels 3-6: Students will progress through each level, mastering swim skill refinement, advanced swim strokes and endurance.

Registration Form

Class times are subject to adjustment, depending on final enrollment. You can register online at www.unity.k12.wi.us, by walk in or by mail. Classes fill quickly, so please register early to ensure a spot for your child. Registration closes at noon on Friday, January 6. If you have questions, please call Christa Ross at: 715-825-2101, ext. 1560, or email: cross@unity.k12.wi.us.

Student Name: _____ Age: _____ Level: _____

Student Name: _____ Age: _____ Level: _____

Parent/Guardian Name: _____

Address: _____

Phone: _____ Email: _____