



Breakfast: Served with fruit/juice and milk daily. Cereal will be offered as an alternate.
Lunch: Served with fresh veggies, fruit and milk daily. Salad bar is offered as an alternate for grades 3-12. Menu is subject to change.



Nutrition Tip: Practice stealth health - sneak veggies into favorite foods. Go light on the meat and top your pizza with vegetables like tomatoes, onions, bell peppers, mushrooms, zucchini, and artichoke hearts.
USDA is an equal opportunity provider and employer.



Monday

Tuesday

Wednesday

Thursday

Friday

Egg/Bacon Bosco Sticks

2

Western Burger (Burger w/ Cheese, BBQ Sauce and Onion Rings), Baked Beans and Sliced Apples

Oatmeal w/ Toppings

3

Garlic and Cheese Bread Twist, Marinara Sauce, Green Beans and Pineapple

Breakfast Bites

4

Homemade Taco Lasagna, Steamed Corn, Apple Churro and Pears

Cheesy Egg Wrap

5

Chicken Dippers w/ Sauce, Rice Pilaf, Sweet Potato Fries, and Bananas

Mini Cinnamon Rolls

6

Eagle Club Sandwich or PB&J, Cottage Cheese, Chips, Fresh Veggies and Peaches

French Toast Sticks

9

Pizza Calzones, Seasoned Carrots, **Couscous** and Strawberry/Mango Slushies

Yogurt/Granola Parfait

10

Tacos w/ Fixins, Fiesta Beans, Homemade Pico de Gallo, and Pineapple

Bacon Scrambler Pizza

11

Elem: Chicken Nuggets
 MS/HS: Baked Chicken, Mashed Potatoes & Gravy, Corn, Dinner Roll and Pears

Sunrise Muffin (Egg/Ham)

12

Brunch Lunch! French Toast Sticks, Sausage Patty, Sweet Tator Tots, Kiwi and Bananas

Smoothies and Grahams

13

Hot Dogs, Baked Beans, and Fresh Purple Grapes

Waffles

16

BBQ Pulled Pork Sandwich or PB&J, Cole Slaw, Baked Beans and Strawberries

Omelet and Toast

17

Crispy Chicken Fries with Dipping Sauce, Steamed Corn and Grapes

Pancakes

18

Homemade Pepperoni Pizza Hot Dish, Garlic Toast, Green Beans, and Peaches

Breakfast Calzones

19

Brunch Lunch! Pancake Stack, Cheesy Omelet, Potato Wedges, and Mandarin Oranges

Bagel & Cream Cheese

20

Chicken Parmesan Sandwich, Roasted Potato Medley and Apple Sauce

Cheesy Eggs and Toast

23

Turkey and Gravy with Mashed Potatoes, Dinner Roll, Steamed Peas and Sliced Apples

French Toast

24

Mini Corn Dogs, Baked Beans and Pineapple

Yogurt/Granola Parfait

25

Rotini Pasta Bar w/ Choice of Chicken Alfredo or Spaghetti Sauce, Steamed Broccoli and Bananas

Breakfast Buffet

26

HS: Crispy Chicken Sandwich
 MS & Elem: Chicken Patty, Corn and Pears

Mini Pancakes

27

Hot Italian Sub, Fresh Veggies, Sun Chips and Apple Sauce

Oatmeal w/ Toppings

30

Pepperoni Pizza, Green Beans, and Oranges



New Items Shown in Bold

