



Breakfast: Served with fruit/juice and milk daily. Cereal will be offered as an alternate.
Lunch: Served with fresh veggies, fruit and milk daily. Salad bar is offered as an alternate for grades 3-12. Menu is subject to change.



Nutrition Tip: Practice stealth health - sneak veggies into favorite foods. Go light on the meat and top your pizza with vegetables like tomatoes, onions, bell peppers, mushrooms, zucchini, and artichoke hearts.
USDA is an equal opportunity provider and employer



Monday

Tuesday

Wednesday

Thursday

Friday

1

New items shown in bold!

Bacon Scrambler Pizza 2

Brunch Lunch! Lumberjacks, Sweet Potato Tots, and Fruit Slushies

Breakfast Bites 3

Country Style Pork Fritter with Mashed Potatoes and Gravy, Dinner Roll, Steamed Corn and Peaches

French Toast Sandwich 4

Chicken Patty Sandwich, Green Beans and Fresh Purple Grapes

Egg/Bacon Bosco Sticks 5

Pizza Calzones, Roasted Carrots and Mixed Fruit

8

Cheesy Egg Wrap

ES: Mandarin Orange Chicken
 HS/MS: Orange or **Sriracha Chicken**, Rice, Broccoli, Oranges and Fortune Cookie

Cinnabun Stix 9

Cheese Burger w/ Toppings, Sweet Potato Fries and Bananas

French Toast Sticks 10

Homemade Lasagna with Garlic Bread, Green Beans and Apple Sauce

Smoothies and Grahams 11

Brunch Lunch! Pancake Stack, Cheesy Omelet, Potato Smiles, and Strawberries

Mini Bagels 12

Chili w/ Cornbread or PB&J, Assorted Veggies and Peaches

15

No School

Lumberjacks 16

Tacos in A Bag With All the Fixins, Refried Beans, Roasted Peppers and Sliced Apples

Mini Pancakes 17

Elem: Chicken Nuggets
 MS/HS: Baked Chicken, Mashed Potatoes & Gravy, Corn, Dinner Roll and Pears

Oatmeal w/ Toppings 18

BBQ Pulled Pork Sandwich or PB&J, Cole Slaw, Baked Beans and Peaches

Ham/Eggs with Toast 19

Pepperoni Pizza, Roasted Carrots, and Pineapple

22

Omelet and Toast

Garlic and Cheese Bread Twist, Marinara Sauce, Green Beans and Sliced Apples

Yogurt/Granola Parfait 23

Crispy Chicken Fries with Dipping Sauce, Steamed Corn and Grapes

Cheesy Eggs and Toast 24

Homemade Pepperoni Pizza Hot Dish, Garlic Toast, Crinkle Cut Carrots, and Peaches

Breakfast Frittata w/ Toast 25

Chicken Parmesan Sandwich, Roasted Potato Medley and Strawberries

Long Johns 26

Eagle Club Sandwich or PB&J, Cottage Cheese, Chips, Fresh Veggies and Apple Sauce

29

Pancakes

Sloppy Joes, Chips, Baked Beans and Apple Sauce Cups

Breakfast Buffet 30

Tacos w/ Fixins, Fiesta Beans, Rice, and Mandarin Oranges

Sunrise Muffin (Ham/Egg) 31

Penne Pasta Bar w/ Choice of Chicken Alfredo or Spaghetti Sauce, Steamed Broccoli and Bananas

