

# Breakfast & Lunch



# November 2016



Sun	Monday	Tuesday	Wednesday	Thursday	Friday	Sat
		1 <u>Breakfast Bites</u>  <b>Pizza Calzones, Corn &amp; Apples</b>	2 <u>Egg &amp; Ham Combo</u>  <b>Spaghetti, Green Beans, Bread Sticks &amp; Bananas</b>	3 <u>French Toast</u>  <b>Chicken Nuggets, Rice, Broccoli &amp; Pineapple</b>	4 <u>Scrambled Eggs, Sausage &amp; Toast</u>  <b>Sub Sandwich with Fresh Spinach , Chips, &amp; Peaches</b>	5
6	7 <u>Waffles</u>  <b>Meatball Sub Cubed Potatoes &amp; Apples</b>	8 <u>Biscuits &amp; Gravy</u>  <b>Tacos w/soft shell or chips, Refried Beans &amp; Bananas</b>	9 <u>Yogurt Parfait</u>  <b>Tomato Soup , Grill Cheese Crackers &amp; Fruit Cup</b>	10 <u>Belgian Waffles Sticks</u>  <b>Hot Dogs, Baked Beans, &amp; Pears</b>	11 <u>Long Johns</u>  <b>Chicken Pot Pie w/Biscuits &amp; Fruit Salad</b>	12
13	14 <u>Pancakes</u>  <b>Mini Corndogs, Tartar Tots &amp; Apples</b>	15 <u>Breakfast Pizza</u>  <b>Hamburgers, Baked Beans &amp; Oranges</b>	16 <u>Muffins</u>  <b>Turkey, Mashed Potatoes &amp; Gravy, Stuffing, Pumpkin Bread &amp; Cranberries</b>	17 <u>Lumberjacks</u>  <b>BBQ Rib Patty Steamed Carrots &amp; Applesauce</b>	18 <u>Bagels</u>  <b>Personal Pan Pizza Corn &amp; Grapes</b>	19
20	21 No School	22 No School	23 No School	24 2 No School 	25 No School	26
27	28 <u>French Toast</u>  <b>Chicken Patty, Broccoli &amp; Applesauce</b>	29 <u>Omelet &amp; Toast</u>  <b>Tacos In A Bag Roasted Chick Peas &amp; Bananas</b>	30 <u>Breakfast Buffet</u>  <b>BBQ Pork Sandwich, Seasoned Potato Fries &amp; Pears</b>			

**USDA is an equal opportunity provider and employer"**

Breakfast is served with fruit or juice & milk daily.  
Cereal will be offered as an alternative for Breakfast

**Menu is subject to change**

Lunch is served with fresh veggies, fruit and milk daily  
Salad Bar will be offered daily as an alternative for grades 3<sup>rd</sup>-12<sup>th</sup>.

Free and Reduced Meal Applications are available all **year**