



# Breakfast & Lunch



# October 2016



Sun	Monday	Tuesday	Wednesday	Thursday	Friday	Sat
						1
2	<b>3 <u>Egg &amp; Ham Combo</u></b> Philly Beef Sandwich, Roasted Peppers & Onions, Parsley Potatoes & Apple	<b>4 <u>Breakfast Bites</u></b> Tacos In A Bag Roasted Chick Peas & Bananas	<b>5 <u>Belgian Waffles Sticks</u></b> BBQ Pork Sandwich, Seasoned Potato Fries & Pears	<b>6 <u>Breakfast Buffet</u></b> Sub Sandwich with Fresh Spinach , Chips, & Peaches	7 <b><u>No School</u></b>	8
9	<b>10 <u>Lumberjacks</u></b> Chicken Nuggets, Rice, Broccoli & Apples	<b>11 <u>French Toast</u></b> Pizza Dippers, Sauce Green Beans & Mandarin Oranges	<b>12 <u>Yogurt Parfait</u></b> Chix Ala King, Potatoes, Biscuits, Peas & Craisins	<b>13 <u>Pancakes</u></b> Hot Dogs or Brats, Baked Beans & Fruit Cocktail	<b>14 <u>Long Johns</u></b> Pizza, Corn, Tuna Salad & Grapes	15
16	<b>17 <u>Waffles</u></b> Meatball Sub Cubed Potatoes & Apples	<b>18 <u>Biscuits &amp; Gravy</u></b> Mini Corndogs, Baked Beans & Bananas	<b>19 <u>Omelet &amp; Toast</u></b> Spaghetti, Green Beans, Bread Sticks & Applesauce cup	<b>20 <u>Breakfast Bites</u></b> Glazed Orange Chicken Rice, Veg. Egg Roll & Pineapple	<b>21 <u>Muffins</u></b> Eagle Club, Chips, Cottage Cheese Cookie & Peaches	22
23	<b>24 <u>Breakfast Pizza</u></b> Hamburgers, Baked Beans & Apples	<b>25 <u>Egg &amp; Ham Croissant</u></b> Tacos w/soft shell or chips, Refried Beans, Roasted Chick Peas & Bananas	<b>26 <u>Oatmeal &amp; Toast</u></b> BBQ Shredded Pork Au gratin Potatoes & Fruit Salad	<b>27 <u>Cooks Choice</u></b> Pizza Dippers with Sauce, Green Beans & Pears	<b>28 <u>Cinnamon Rolls</u></b> Chicken Patty, Broccoli & Oranges	29
30	 <b>31 <u>Boo berry Pancakes</u></b> Witches Brew,(Chili) w/Ghost Corn Muffins & Caramel Apple Slices					

**USDA is an equal opportunity provider and employer"**

Breakfast is served with fruit or juice & milk daily.  
 Cereal will be offered as an alternative for Breakfast

**Menu is subject to change**

Lunch is served with fresh veggies, fruit and milk daily  
 Salad Bar will be offered daily as an alternative for  
 Grades 3<sup>rd</sup> -12th

**Free and Reduced Meal Applications are available all year**



































